

What's on

August 2026

- Regular Activity
- Limited Activity
- Support Group
- Drop-in
- Cuppa & Chat
- Carers Clinic

For more information or to speak to a member of our team, please call **01773 833 833** or email **info@derbyshirecarers.co.uk**



daacss

Derbyshire All Age Carers Support Service

Please see our what's on guide for Carers, including information on our support groups, activities and Carers clinics. Full details of all our activities are located here - <https://derbyshirecarers.co.uk/whats-on>

If Carers need to register with our service for support they can use the following link to register and professionals can refer to our service using this same link - <https://derbyshirecarers.co.uk/registration-and-referral>

For immediate support, Carers can contact our helpline service on **01773 833833** (9am-5pm, Mon-Fri).

We've now launched Bridgit Care, our new online support platform for Carers in Derbyshire. It offers 24/7 personalised information, chat support, toolkits, access to local advice, guidance, services and resources all in one place. Follow the link to find out more - <https://derbyshirecarers.co.uk/bridgit-care-derbyshire>

Our Caring with Confidence Programme provides essential support to help you manage the challenges of caring. Access practical resources, enhance your skills and prioritise your wellbeing. Follow the link to find out more - <https://derbyshirecarers.co.uk/caring-with-confidence-programme>

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03/08	Heart-Centered Meditation ●	10.00 – 10.20	Online
03/08	Support Group ●	14.00 – 15.30	Buxton
03/08	Gardening Group ●	11.00 – 12.00	Online
04/08	Support Group ●	10.00 – 12.00	Ripley
05/08	Drop-in @ Carers Count ●	10.00 – 12.00	Ashbourne
06/08	Support Group ●	13.30 – 15.30	Swadlincote
06/08	Support Group ●	14.00 – 15.30	Staveley
06/08	Support Group ●	13.30 – 15.30	Belper
06/08	Carers Wellness ○	12.00 – 13.30	Staveley
06/08	Drop-in @ Revive Hub ●	10.00 – 12.00	New Mills
06/08	Drop-in @ Staveley Edge Ministries ●	11.00 – 12.00	Staveley
07/08	Exercise Class ●	13.30 – 14.15	Online

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10/08	Heart-Centered Meditation ●	10.00 – 10.20	Online
10/08	New to Caring ○	13.30 – 15.00	Chapel-en-le-Frith
10/08	Fundraising Coffee Morning ○	10.00 – 13.00	Ripley
10/08	Drop-in @ Blythe House ●	13.30 – 15.30	Chapel-en-le-Frith
11/08	Derbyshire Dementia Walk ○	14.00 – 15.00	Darley Dale
11/08	Drop-in @ Baslow Carers Group ●	10.00 – 12.00	Baslow
12/08	Moment of Reflection ○	13.00 – 14.00	Online
13/08	Men's Cuppa & Chat ●	11.00 – 12.00	Online
13/08	Drop-in @ CMHT ●	09.00 – 15.00	Ripley
13/08	Drop-in @ Derbyshire Voluntary Action ●	12.30 – 14.00	Chesterfield

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17/08	Heart-Centered Meditation ●	10.00 – 10.20	Online
17/08	Coffee Morning @ Sorbo Lounge ●	13.30 – 15.00	Chesterfield
18/08	Support Group ●	14.00 – 15.30	Glossop
18/08	Chair-Based Yoga ●	13.30 – 14.15	Online
19/08	Self-Advocacy Training ○	12.30 – 16.30	Ripley
20/08	Walk with Move More Amber Valley ○	12.00 – 14.00	Riddings
20/08	Information Point @ Florence ● Nightingale Community Hospital	11.00 – 13.00	Derby
20/08	Memory Loss Carers Group ●	14.00 – 15.30	Online
21/08	Drop-in @ Mercia Marina ●	10.00 – 11.00	Willington

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24/08	Heart-Centered Meditation ●	10.00 – 10.20	Online
24/08	Support Group ●	14.00 – 16.00	Chapel-en-le-Frith
25/08	Book Club ●	11.00 – 12.00	Online
26/08	Support Group ●	16.00 – 17.00	Swadlincote
26/08	Drop-in @ Renew Chesterfield ●	10.00 – 12.30	Chesterfield
27/08	Drop-in @ Chesterfield Foodbank ●	13.00 – 16.00	Whittington Moor
27/08	Support Group ●	10.30 – 12.00	Swadlincote
27/08	Learning Disability Carers Mtg ●	16.00 – 17.00	Online
28/08	Cuppa & Chat @ Wellbrook Medical Centre ●	12.00 – 14.00	Hilton
31/08	Heart-Centered Meditation ●	10.00 – 10.20	Online