

What's on

July 2026

- Regular Activity
- Limited Activity
- Support Group
- Drop-in
- Cuppa & Chat
- Carers Clinic

For more information or to speak to a member of our team, please call **01773 833 833** or email **info@derbyshirecarers.co.uk**



daacss

Derbyshire All Age Carers Support Service

Please see our what's on guide for Carers, including information on our support groups, activities and Carers clinics. Full details of all our activities are located here - <https://derbyshirecarers.co.uk/whats-on>

If Carers need to register with our service for support they can use the following link to register and professionals can refer to our service using this same link - <https://derbyshirecarers.co.uk/registration-and-referral>

For immediate support, Carers can contact our helpline service on **01773 833833** (9am-5pm, Mon-Fri).

We've now launched Bridgit Care, our new online support platform for Carers in Derbyshire. It offers 24/7 personalised information, chat support, toolkits, access to local advice, guidance, services and resources all in one place. Follow the link to find out more - <https://derbyshirecarers.co.uk/bridgit-care-derbyshire>

Our Caring with Confidence Programme provides essential support to help you manage the challenges of caring. Access practical resources, enhance your skills and prioritise your wellbeing. Follow the link to find out more - <https://derbyshirecarers.co.uk/caring-with-confidence-programme>

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02/07	Support Group at River Gardens ●	13.00 – 15.00	Belper
02/07	Preparing for Change ○	12.00 – 13.30	Swadlincote
02/07	Support Group ●	13.30 – 15.30	Swadlincote
02/07	Support Group ●	14.00 – 15.30	Staveley
02/07	Drop-in @ Revive Hub ●	10.00 – 14.00	New Mills
03/07	Exercise Class ●	13.30 – 14.15	Online
03/07	Carers Clinic @ Wellbrook Surgery ●	Bookable Slots	Hilton

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06/07	Heart-Centered Meditation ●	10.00 – 10.20	Online
06/07	Support Group ●	14.00 – 15.30	Buxton
06/07	Gardening Group ●	11.00 – 12.00	Online
07/07	Support Group ●	10.00 – 12.00	Ripley
08/07	Moment of Reflection ○	13.00 – 14.00	Online
09/07	Drop-in @ Derbyshire Voluntary Action ●	12.30 – 14.00	Chesterfield
09/07	Men's Cuppa & Chat ●	11.00 – 12.00	Online
10/07	Share your experiences with Jonathan Davis MP ○	10.30 – 14.00	Belper
10/07	Carers Clinic @ Woodville Surgery ●	Bookable Slots	Woodville

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13/07	Heart-Centered Meditation ●	10.00 – 10.20	Online
13/07	Drop-in @ Blythe House ●	13.30 – 15.30	Chapel-en-le-Frith
14/07	Drop-in @ Baslow Carers Group ●	10.00 – 12.00	Baslow
14/07	Derbyshire Dementia Walk ○	14.00 – 15.00	Darley Dale
16/07	Memory Loss Carers Group ●	14.00 – 15.30	Online
16/07	Drop-in @ Ashgate Hospice ●	10.00 – 12.00	Chesterfield
16/07	Cuppa & Chat @ Hartington Surgery ●	09.30 – 11.30	Hartington
17/07	Drop-in @ Derby City and South ● Derbyshire Mental Health Carers Forum	11.00 – 14.00	Derby

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20/07	Heart-Centered Meditation ●	10.00 – 10.20	Online
20/07	Information Point @ Florence ● Nightingale Community Hospital	12.00 – 14.00	Derby
21/07	Support Group ●	14.00 – 15.30	Glossop
21/07	Book Club ●	11.00 – 12.00	Online
21/07	Chair-Based Yoga ●	13.30 – 14.15	Online
22/07	Coffee Morning @ Peak and Dale ● Medical Practice	10.00 – 12.00	Bakewell
22/07	Last Days Matter ○	10.00 – 13.00	Ripley
23/07	Drop-in @ Chesterfield Foodbank ●	12.00 – 14.00	Brimington
23/07	Walk with Move More Amber Valley ○	12.00 – 14.00	Riddings
23/07	Learning Disability Carers Mtg ●	16.00 – 17.00	Online
24/07	Cuppa & Chat @ Wellbrook Medical ● Centre	12.00 – 14.00	Hilton

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27/07	Heart-Centered Meditation ●	10.00 – 10.20	Online
27/07	Volunteer Coffee Morning ○	10.00 – 12.00	Ripley
27/07	Support Group ●	14.00 – 16.00	Chapel-en-le-Frith
28/07	Drop-in @ New Mills Leisure Centre ●	10.00 – 14.00	New Mills
29/07	Drop-in @ Renew Chesterfield ●	10.00 – 12.30	Chesterfield
29/07	Hconnect Celebration Event ○	11.00 – 15.00	Codnor
30/07	Support Group ●	10.30 – 12.00	Swadlincote
30/07	Cuppa & Chat @ Hartington Surgery ●	09.30 – 11.30	Hartington