

What's on

October 2025

- Regular Activity
- Limited Activity
- Support Group
- Drop-in
- Cuppa & Chat
- Carers Clinic

For more information or to speak to a member of our team, please call **01773 833 833** or email info@derbyshirecarers.co.uk

daacss

Derbyshire All Age Carers Support Service

01/10	Drop-in ●	14.00 – 16.00	Bakewell
02/10	Support Group ●	13.30 - 15.30	Belper
02/10	Support Group ●	13.00 - 15.00	Swadlincote
02/10	Support Group ●	14.00 - 15.30	Staveley
02/10	Drop-in ●	10.00 – 12.30	Shirebrook
02/10	Learning Disability Carers Mtg ●	16.00 - 17.15	Online
03/10	Exercise Class ●	13.30 - 14.15	Online
06/10	Heart-Centered Meditation ●	10.00 - 10.20	Online
06/10	Gardening Group ●	11.00 - 12.00	Online
06/10	Support Group ●	14.00 - 16.00	Buxton
07/10	Support Group ●	10.00 - 12.00	Ripley
09/10	Delirium and Dementia Session ○	13.00 - 14.30	Online
09/10	Men's Cuppa & Chat ●	11.00 - 12.00	Online
09/10	Cuppa & Chat ●	10.30 - 12.00	Buxton
09/10	Drop-in ●	12.00 – 17.00	Derby
09/10	Drop-in ●	12.30 – 14.00	Chesterfield

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13/10	Heart-Centered Meditation ●	10.00 - 10.20	Online
13/10	Drop-in ●	13.30 – 15.30	Chapel-en-le-Frith
14/10	Book Club ●	13.30 - 14.30	Online
15/10	Wellbeing Walk ○	13.00 - 14.30	Butterley
16/10	Memory Loss Carers Group ●	14.00 - 15.30	Online
16/10	Drop-in ●	14.00 – 17.00	Tibshelf
16/10	Learning Disability Carers Mtg ●	16.00 - 17.15	Online

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20/10	Heart-Centered Meditation ●	10.00 - 10.20	Online
21/10	New to Caring Session ○	13.00 - 14.30	Online
21/10	Cuppa & Chat ●	13.30 - 15.30	Hathersage
21/10	Support Group ●	14.00 - 15.30	Glossop
21/10	Chair-Based Yoga ●	13.30 - 14.15	Online
22/10	Shared Reading Group ●	13.00 - 14.00	Online
22/10	Carers Clinic ●	Bookable Slots	Swadlincote
22/10	Carers Clinic ●	Bookable Slots	Hartington
23/10	Drop-in ●	10.00 – 12.00	Chesterfield
23/10	Drop-in ●	14.00 – 16.00	Langwith
23/10	Drop-in ●	13.15 – 17.00	Chesterfield

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27/10	Heart-Centered Meditation ●	10.00 - 10.20	Online
27/10	Drop-in (Foodbank users only) ●	12.00 – 14.00	Brimington
27/10	Support Group ●	14.00 - 16.00	Chapel-en-le-Frith
28/10	Information Point ●	10.00 – 12.00	Derby
29/10	Moment of Reflection ○	14.00 - 15.00	Online
30/10	Learning Disability Carers Mtg ●	16.00 - 17.15	Online
30/10	Planning for the Future ○	11.00 - 12.30	Online
30/10	Drop-in ●	10.00 – 12.00	Matlock Bath
30/10	Support Group ●	10.30 - 12.00	Swadlincote
31/10	Cuppa & Chat, Games & Quiz ●	12.00 - 14.00	Hilton

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